

Pamuk - Family Story Set



Helping and making room for feelings

2 stories | 2 coloring pages | 2 seek-and-find activities. Ages 4-8: read together; ages 9-12: create alternative endings.

Pamuk and a Little Help



Pamuk found a busy kitchen in the morning. Mum prepared bread while Dad arranged plates. The little lamb wanted to help. A big jug felt too heavy. “What could I do?” Pamuk asked.

Pamuk and a Little Help



Dad pointed to the soft napkins. “Would you like to put these on the table?” Pamuk tried folding one. The corners did not meet, so the lamb opened it and tried again. This fold looked like a small triangle.

Pamuk and a Little Help



Pamuk placed a napkin at every chair, then noticed an empty space. “Is Grandma coming?” Mum nodded. Pamuk fetched another napkin and prepared a place for her too.

Pamuk and a Little Help



A sibling brought a flower. Pamuk helped set it in the middle. When a napkin fell, both bent down and laughed. The sibling brought a clean one, and Pamuk placed the fallen napkin in the laundry basket.

Pamuk and a Little Help



Grandma unfolded her napkin at breakfast. “You made a place for me,” she said. Pamuk smiled. There had been no need to carry the heavy jug. A small task had become part of everyone’s table.

Pamuk and a Little Help



While clearing up, Pamuk chose to collect spoons. Dad stayed nearby. “Tell me if you feel tired,” he said. After the last spoon, Pamuk went to rest. Helping felt good, and there was still time to play.

Pamuk and the Resting Corner



Pamuk had played many games that day. Blocks, puppets and paper covered the room. Dad said it was time to tidy up. Pamuk lifted a block, then sat down. The lamb's arms felt heavy and thoughts felt crowded.

Pamuk and the Resting Corner



"I do not want to," Pamuk said. Dad sat beside the lamb. "What feels difficult?" he asked. Pamuk thought about the whole busy day. "I need a little quiet," the lamb explained.

Pamuk and the Resting Corner



They chose a short pause together. Dad said he felt tired too. Pamuk was surprised that grown-ups could need rest. They placed two cushions beside the sofa. Pamuk took a book and looked at its pictures without reading.

Pamuk and the Resting Corner



Mum brought a light blanket, and a sibling wanted to join. “Could we be quiet for now?” Pamuk asked. The sibling drew beside them. They did different things in the same corner, making room for each other.

Pamuk and the Resting Corner



After a while, Pamuk stood up. The toys were still there. Dad chose blocks, Mum chose paper, and Pamuk put puppets in a basket. The sibling found a missing puppet hat. Smaller parts made the job feel easier.

Pamuk and the Resting Corner



That evening they kept the resting corner. “We can use it tomorrow,” Pamuk said. Everyone did not have to feel tired at the same time. The corner remained a place to ask for a pause whenever someone needed one.

Pamuk - Coloring 1



Choose your own colors. When you finish, tell your family what is happening in your picture.

Pamuk - Coloring 2



Choose your own colors. When you finish, tell your family what is happening in your picture.

Hidden Objects at Pamuk's Breakfast



Find: Heart in the flowers, Bell, Carrot, Feather, Large button, Crescent moon

Hidden Objects in Pamuk's Resting Corner



Find: Heart cushion, Bell, Carrot, Feather, Large button, Crescent moon

Keep Exploring Together

Pamuk is a caring lamb who shares little tasks at home and learns that helpers can ask for what they need and take a rest too.

Choose a small shared task, such as setting a table or putting toys away. Everyone picks a manageable part. Asking for help and taking a break are welcome.

Which small task would you enjoy doing together at home?

How do you say you need a rest? What would be in your quiet corner?

Suggested use: one story, one activity and a short conversation each time. Follow the child's interest; finishing is optional. These activities are not developmental tests or diagnostic tools.